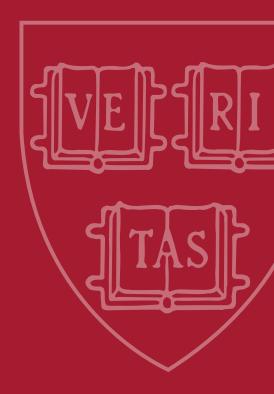
# Harvard College





Form friendships with passionate and talented individuals from all over the world.



# Nice to Meet You

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Here, every voice and perspective matters—it's what makes our community both welcoming and dynamic. We invite you to read the student voices within these pages to learn more about Harvard.

# Harvard College

Harvard College is a close-knit undergraduate community within Harvard University. With world-class faculty, groundbreaking research opportunities, and a commitment to a diverse environment of bright, talented students, Harvard is more than just a place to get an education it's where students pursue limitless possibilities.

"Diversity is more than a word; it is a belief that we are better together, that everyone has something to contribute, and that our individual experiences strengthen and shape our present and future. Our diversity is a source of infinite possibility. Diverse learning communities are essential to the College's mission of educating citizens and citizen leaders."

RAKESH KHURANA DANOFF DEAN OF HARVARD COLLEGE





"Harvard is an incredible place, not because of the name but because of the people. There are such passionate and inspiring individuals. I am always challenged to be my best, and for that I am grateful."

DYLAN '25, WESTPORT, CT

"I was so thankful that my [military] background was not a common one but instead added to the broad array of unique students learning from each other."

HUDSON '23, ARLINGTON, TX



"Coming to Harvard can feel scary at first. You wonder if you could truly fit in...but then you talk to another student and realize that we're all the same — just trying to figure out college!"

"Harvard represents the belief that anyone can cultivate the future of their dreams. [Despite] no prior experience in coding, I was inspired by the entrepreneurial spirit of peers to begin my own startup."

QUINN '25, BELLEVUE, WA





## Getting around Harvard

~3 MILES FROM DOWNTOWN BOSTON

7.7 MILES FROM THE AIRPORT

**212 STOREFRONTS** 

#### Raymond '25, Uniontown, PA

"Harvard is situated in the heart of Cambridge, a quaint college town beside the great city of Boston...there is so much to do right at [our] doorstep."

50+ COLLEGES AND UNIVERSITIES

75+ HISTORICAL LANDMARKS

**24 THEATERS** 

#### Adriana '26, Kalaheo, Hl

"I rotate between riding my bike, taking the T or the bus, or even just taking a long walk into Boston." 5 PROFESSIONAL SPORTS TEAMS

#### Samia '25, Cambridge, MA

"A great dessert spot right on Harvard's campus is Amorino, where they serve gelato in the shape of a rose and you can order an unlimited number of flavors!"

#### David '25, Kisumu, Kenya

"[The T] came in handy whenever I wanted to go to downtown Boston or to many of the towns connected by the railway tracks and roads in Greater Boston."

HARVARD SQUARE SUBWAY STOP, 8 BUS ROUTES

98/100 BIKING AND WALKING SCORE

08

## Your Home from the Start The First-Year Residential Experience



First-year students live in one of 17 firstyear dorms in Harvard Yard, eat meals in their own dining hall, and are matched with a team of residential, academic, and peer advisors who ensure nobody goes through the transition to college alone. After the first year, each student moves into a "House" and will live there for the next three years. These Houses are dorm complexes where students live, dine, study, plan events, and play intramural sports.



CHECK OUT THE DORM TOURS PLAYLIST HERE: tiktok.com/@harvardadmissions **Entryways:** 

"All my suitemates came from different backgrounds, experiences, and passions—it was really refreshing to be surrounded by different people."

SAMIA '25, CAMBRIDGE, MA

#### Advising:

"A huge shoutout and special thanks to my proctor for her immeasurable help with my adjustment to Harvard and college life!"

INNO '25, IRINGA, TANZANIA



HOUSING IS GUARANTEED FOR ALL 4 YEARS

#### 12 Houses—12 Harvard Homes

Adams, Cabot, Currier, Dunster, Eliot, Kirkland Leverett, Lowell, Mather Pforzheimer. Quincy. Winthrop.







#### House traditions

"Everyone at Harvard has their own opinions about which Houses are the best in terms of campus location or room designs. However, each House has its own wonderful traditions and characteristics."

#### JADYN '24. CHATTANOOGA. TN

- 01. Drag Night (Harvard's oldest drag night)
- 02. Festivus Winter Party
- 03. Coffee House Open Mic Night
- 04. Fall Hoedown
- 05. Spring Fête Formal
- 06. Annual Drama Society's Shakespeare play
- 07. Hare's Kitchen cooking competition
- 08. Thursday Teas
- 09. Woodturning beginner classes
- 10. Annual celebration of International Polar Bear Dav
- 11. Quincy Qarnival
- 12. Senior Casino Royale

FIRST-YEARS RECEIVE HOUSE ASSIGNMENTS-IS A FAVORITE TRADITION \$7 million is awarded annually to undergraduates for research project funding.

Harvard Col

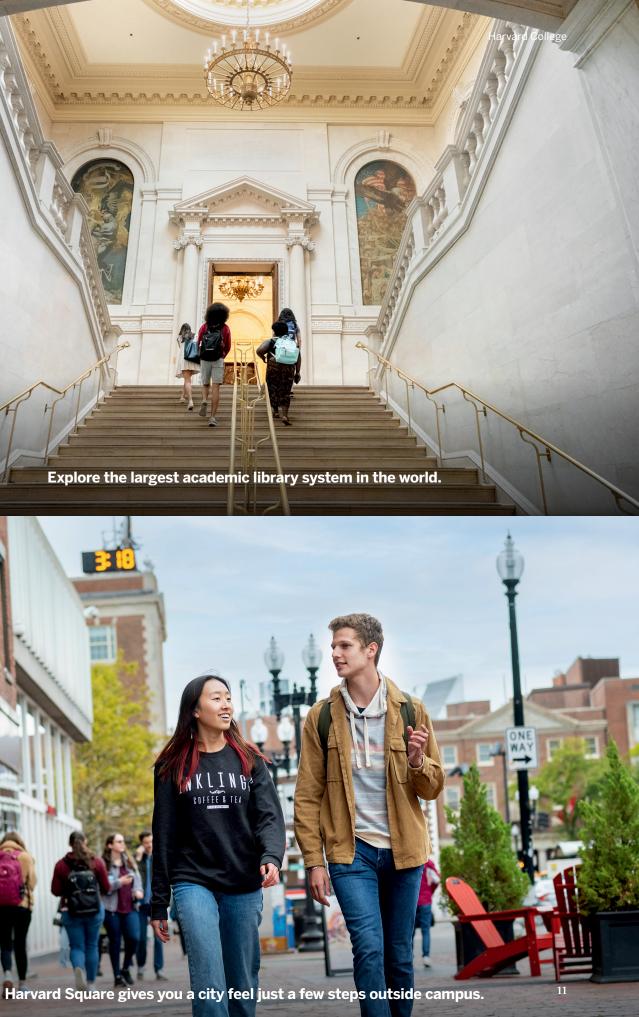


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# **Be Your Best Self**



their dorm or House."

**RICCARDO '25, MORRISVILLE, NC** 

Caring for your well-being positions you to do your best in the classroom, on the field, or in any endeavor you pursue. Harvard has a wide array of opportunities that provide a strong foundation to help you stay healthy and attend to your physical, mental, and spiritual well-being.



"Our mental health resources are amazing! Aside from Counseling and Mental Health Services, we have thirdparty counseling, studentrun counseling groups, and so much more."

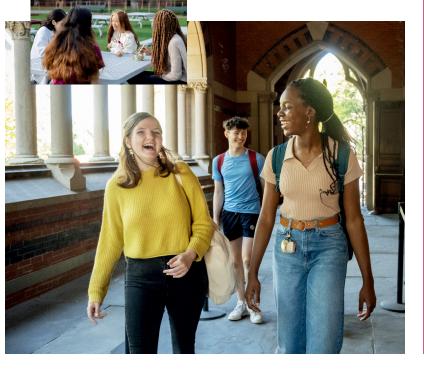
HELEN '26, DENVER, CO

"Last spring, I was able to go on a weekend wellness retreat in the Harvard Forest. [It was] a great mental reset."

ADRIANA '26, KALĀHEO, HAWAI'I



90 +**RELIGIOUS, CULTURAL** AND IDENTITY-BASED AFFINITY GROUPS.



## "Harvard puts forth great effort into ensuring that students have the ability to nurture a wonderful living community, regardless of



"[I found] my community in affinity groups. Once I found GAASA (Generational African American Students Association), I found a place like home."

#### **GRACE '26, CHEVERLY, MD**

#### Some of Harvard's **Resource Offices**

- Harvard University Health Services (HUHS)
- Counseling and Mental Health Service (CAMHS) with a 24/7 Support Line
- Disability Access Office
- Harvard Chaplains
- Harvard College Women's Center
- Harvard International Office
- Military Student Services
- Office of BGLTQ Student Life
- Office for Equity, Diversity, Inclusion, and Belonging (OEDIB)
- Office of Gender Equity

# Carpe Diem

## Learn more about the day-to-day of Harvard students firsthand youtube.com/harvardstudentlife

Amy '23

TARRYTOWN, NY & SARAGURO, ECUADOR SOCIAL STUDIES CONCENTRATOR

"I imagined coming to Harvard would be the typical 'open books, suck up all that knowledge,' and that would be learning, but what I did not expect about Harvard was that the most special part to me, reflecting on these last four years, is community."





BRICE WALKED ON TO THE VARSITY BASEBALL TEAM THROUGH OPEN TRYOUTS.

### Brice '24

ALMA, MI MECHANICAL ENGINEERING CONCENTRATOR

"Coming here has made me realize that I do belong here. There's lots of people doing lots of different things, but I think at the end of the day, we all get together and realize we're part of something bigger and something really unique." 3:00 PM





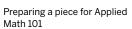
Taking time out to ride her skateboard at the Smith Playground skate park

Gathering resources in the library for her senior thesis

10:00 AM

12:00 PM







Grabbing lunch with friends in the Eliot House dining hall



#### 6:00 PM



A picnic with friends along the Charles River

8:00 PM



Making magazines in the Leverett art studio with Harvard University Native American Program (HUNAP)

#### 2:00 PM



Working on a project in the Harvard John A. Paulson School of Engineering and Applied Science Makerspace

4:00 PM



Taking some time away from schoolwork for baseball practice

# Explore Your Academic Options...Then Dive Deep

We offer 50 Concentrations (our word for majors), 49 Secondary Fields\* (our word for minors), and a special option that allows students to design their own Concentration.

African and African American Studies	Energ
Anthropology	Engin
Applied Math	Englis
Art, Film, and Visual Studies	Enviro
Astrophysics	Enviro
Biomedical Engineering	Ethnic
Chemical and Physical Biology	Folklo
Chemistry	Germ
Chemistry and Physics	Globa
Classics	Gover
Comparative Literature	Histor
Comparative Study of Religion	Histor
Computer Science	Histor
Earth and Planetary Sciences	Histor
East Asian Studies	Huma
Economics	Huma
Educational Studies	Integr
Electrical Engineering	Lingu

y and the Environment neering Sciences ronmental Science and Engineering onmental Science and Public Policy city, Migration, Rights ore and Mythology nanic Languages and Literature al Health and Health Policy rnment ory and Literature ory and Science ory of Art and Architecture an Developmental and Regenerative Biology an Evolutionary Biology rative Biology Linguistics

**Mathematics Mechanical Engineering** Mind, Brain, Behavior Molecular and Cellular Biology Music Near Eastern Languages and Civilizations Neuroscience Philosophy Physics Psychology Romance Languages and Literature Slavic Literatures and Cultures Social Studies Sociology South Asian Studies Statistics Studies of Women, Gender, and Sexuality Theater, Dance, and Media

Fields of Study



### "At Harvard, I have been able to explore all of my interests and develop new ones. You never stop learning."

STUDENTS HAVE UNTIL NOVEMBER **OF THEIR SECOND** YEAR TO DECLARE A CONCENTRATION. GLORIA '24. LYONS, IL



ALL 50 HARVARD MAJORS CONCENTRATIONS **EXPLAINED IN 15 MINUTES OR LESS** 

youtube.com/Harvardconcentrations

# Ask "Why?" Ask "Why Not?" A Liberal Arts and Scier A Liberal Arts and Sciences Education



7:1 AVERAGE STUDENT-TO-FACULTY RATIO

#### Why study the liberal arts?

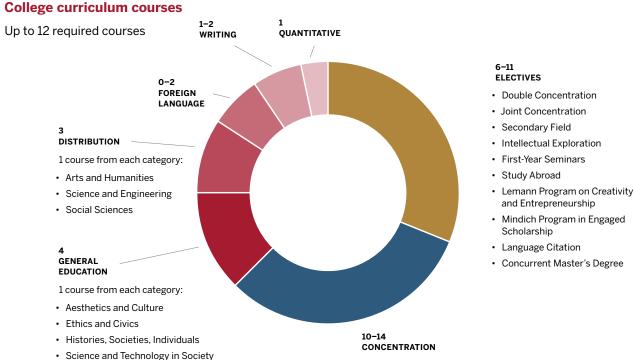
Before students can help change the world, they need to understand it. The curriculum challenges students' thinking by asking difficult questions and exploring unfamiliar concepts. Students have the opportunity to indulge in their passion for inquiry and discovery across disciplines.

#### What is the curriculum?

The flexible liberal arts and sciences curriculum ensures both broadspanning and focused scholarship opportunities. Of the 32 courses, approximately 1/3 will cover various disciplines, 1/3 will be dedicated to your Concentration, and 1/3 will be electives.

#### Why not study multiple fields?

Students make academic connections when studying similar material from different academic angles. Harvard encourages exploration, which might include secondaries, joint or double Concentrations, or language citations. You can also take courses at MIT. Berklee, and Harvard's professional schools.



#### 10–14 courses average

50 different Concentrations

# Ask "How?"



learn from as much as you teach."

**EMMANUEL AKYEAMPONG** 



Innovation Lab. ArtLab. Classroom to Table. Salata Institute. 24 Science and Research Buildings. Study Abroad. Office Hours. Largest Academic Library System Worldwide. Institute of Politics. Launch Lab X. Office for the Arts. 12 Teaching Museums. 5 Theaters. And more.

#### 18



## "It is fun to engage with undergraduates who have scholarly minds and who you

#### ELLEN GURNEY PROFESSOR OF HISTORY AND PROFESSOR OF AFRICAN AND AFRICAN AMERICAN STUDIES

widener Library  $\mathcal{I}$ 

"I got to control a telescope in Mauna Kea in real time to collect data, and I even built a nuclear deuterium fusor all in one semester! How cool is that?"

RAFID '25. **MONTCLAIR, NJ** 

"I discovered a community of like-minded changemakers across all Harvard schools, fueled by the mentorship of seasoned professionals in the innovation realm."

**SKYE '26. NEW YORK, NY** 



# Support Surrounds You at Harvard

First-year student advising structure:

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FIRST-YEAR ADVISOR

PROCTOR

ACADEMIC RESOURCE CENTER

WRITING CENTER

PEER ADVISING

FELLOW

#### Kira '26, Irvington, NY

"Before coming to Harvard, I would have never known how accessible academic help is on campus. Knowledgeable tutors are accessible for any subject, and the best part is that they are free!"

FIRST-GENERATION COLLEGE STUDENTS SUPPORT

MATH QUESTION CENTER

ACADEMIC COACHES

#### Jadyn '24, Chattanooga, TN

"The Academic Resource Center (ARC) is a great resource. I meet with an ARC coach each semester to ensure my schedule is one of balance, with ample time for studying and fun."

ACCOUNTABILITY GROUPS

#### **RESIDENTIAL PRE-PROFESSIONAL TUTORS**

#### **MIGNONE CENTER FOR CAREER SUCCESS**

#### Audrey '26, Dublin, CA

"The Mignone Center for Career Success (MCS) helped me feel prepared...They're a huge reason I was able to get a consulting internship my junior summer."

# Beyond the Classroom Filling Out Your Harvard Experience

At Harvard, you will be able to find nearly any activity you might want to explore, and you can participate at a range of levels.





#### Athletics

- 42 Division I varsity teams
- Won 150+ national or NCAA championships
- Won a combined 440+ lvy League championships
- Been represented at every modern Olympic Games
- 50+ Club and Intramural Sports

#### 450+ Clubs and Organizations

- · 80+ Academic, STEM and Pre-professional
- 90+ Community and Public Service
- 60+ Creative and Performing Arts
- 70+ Cultural and Racial
- · 20+ Gender and Sexuality
- 25+ Government and Politics
- 40+ Living and Social
- 15+ Media and Publications
- 20+ Religious and Spiritual Life
- 50+ Wellness and Adjustment

## Sophie '23

#### **KINGSTON, JAMAICA**

"Being involved in a group that supports the community-like dancing at football and basketball games—has also allowed me to be really involved in Harvard school spirit and community in a way I would not without the Crimson Dance Team."



## Audrey '24

#### DUBLIN, CA

"Through joining the Chinese Students Association as a [first-year] representative, I was able to get close to many [upper-level students] in my first year at college. These became the people I turned to for class. career, friendship, and even romantic advice as I went through college!"



## Rafid '25

#### MONTCLAIR, NJ

"As someone very passionate about making outdoor recreation accessible to all, participating on the First-Year Outdoor Program Steering Committee taught me ways to bring in the voices of previously excluded communities."



# A Lifetime of "Go, Crimson" Become a Part of a Global Alumni Community

Alumni reunion celebrations every 5 years



REGULAR NETWORKING EVENTS AND SPECIAL **EVENTS FOR RECENT** GRADUATES

250 +

HARVARD CLUBS AND SHARED INTEREST

**GROUPS TO JOIN** 



"Enter to grow in wisdom. Depart to serve thy country and thy kind."

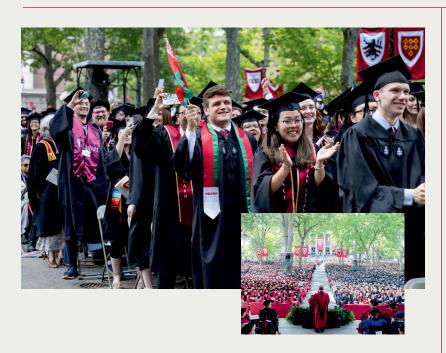
**DEXTER GATE INSCRIPTION** 



Volunteer and student mentorship opportunities

98% graduation rate — among the highest at American colleges and universities

A Harvard education prepares students to graduate and pursue any professional path they want, in any field—public service and government, education, technology and innovation, finance, law, medicine, and more. With our resources and vast alumni network, any pursuit is possible.



"At Harvard, I was always encouraged to ask why and to leave a space better than how I found it. These words of wisdom guided me during college and also postgraduation as I [think] about ways I can make a meaningful contribution to the world."

#### Lifelong Friends:

"I still think of Harvard-Yale as the best day of the year... seeing all these familiar faces in one place again is one of the most wonderful things I can think of in post-grad life."

MARTHA '20, WORCESTER, MA

#### Harvard's Lasting Impact:

"I worked for Professor Friedman for two years of college, and he's been a mentor since then. He's given me advice and written me letters of recommendation. and we're still in touch [all these] years later."

#### JEREMY '12, SAN DIEGO, CA

#### From Classroom to Career:

"I concentrated in Social Studies, with a focus field in the American legal system. My senior thesis on pro se litigants, people who represent themselves in court, was the start of a lifelong interest in criminal justice reform."

ANNIE '16. EVERETT. WA

The College hosts a variety of social events for students.

H

Make a "veritaffle" (shield-stamped waffle) in the first-year dining hall, Annenberg. 26

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Check out Eastbound—the Asian American Dance Troupe's spring performance.

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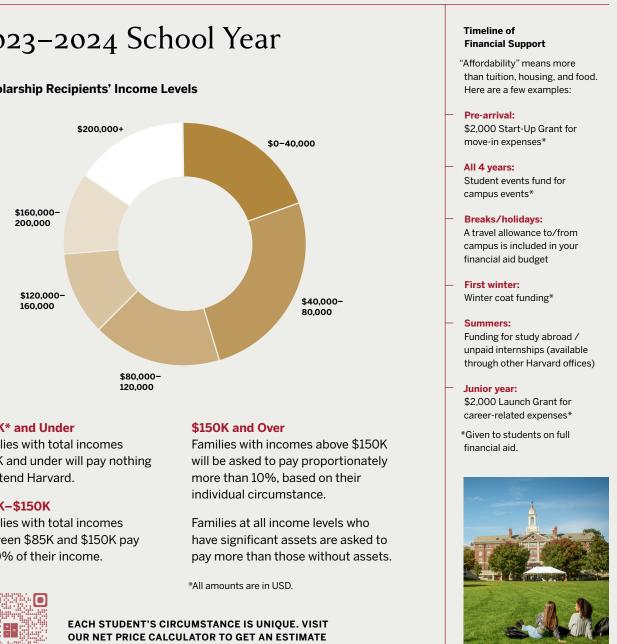
## You Can Afford Harvard **Quick Financial Aid Facts**

that shape their education."

**JAKE KAUFMANN GRIFFIN DIRECTOR OF FINANCIAL AID** 

## 2023–2024 School Year

Scholarship Recipients' Income Levels



#### \$85K\* and Under

Families with total incomes \$85K and under will pay nothing to attend Harvard.

#### \$85K-\$150K

Families with total incomes between \$85K and \$150K pay 0–10% of their income.

OF WHAT HARVARD WOULD COST YOUR FAMILY. ALSO AVAILABLE IN SPANISH!

90% of U.S. families would pay the same or less to send their children to Harvard as they would their state university.

100% **OF STUDENTS CAN GRADUATE DEBT-FREE**.

100% OF DEMONSTRATED **FINANCIAL NEED IS MET** FOR EACH ADMITTED STUDENT.

Nearly 1/4 of our students' families pay nothing for them to attend.



Aid is the same regardless of nationality or citizenship status.

\$64,500 IS THE AVERAGE ANNUAL

SCHOLARSHIP STUDENTS **RECEIVE TO ATTEND** HARVARD.

### "We aim to eliminate financial barriers for students beyond attendance costs. From day one, students should feel fully included in the robust academic, extracurricular, and social experiences

# Speak Your Truth

#### **Applying to Harvard College**

"What matters to you? What do you like to study? What motivates you? What kind of student are you? What would you be like as a roommate? What niche would you take on in college? Who would you be beyond Harvard? Your essays [and] activities list will each give you a chance to write more about these. It's important to simply see the application as an opportunity to talk more about who you are."

EMILY '24. HOUSTON, TX



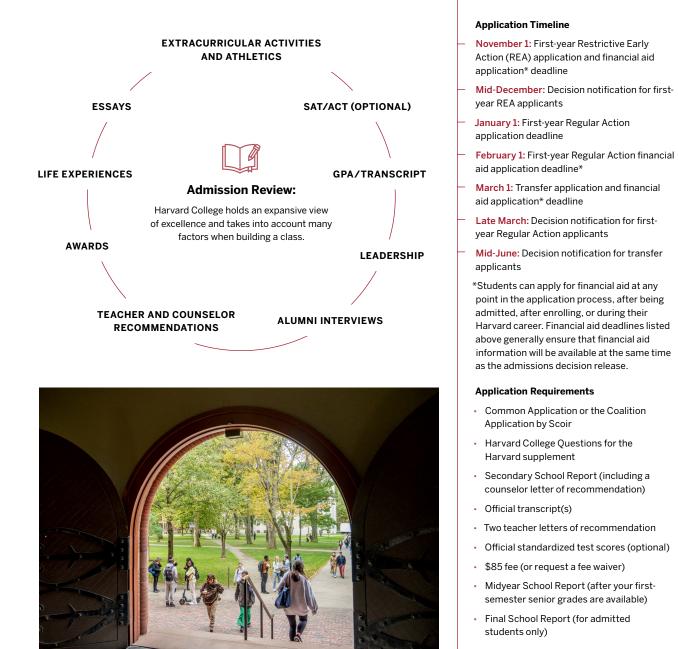


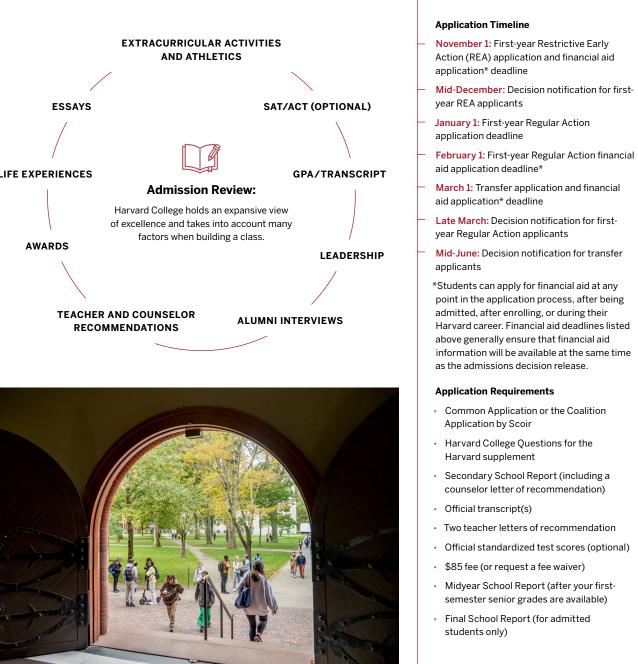
Harvard welcomes students from across the United States of America and all over the world with diverse backgrounds and far-ranging talents and interests.



of achievements"

JOY ST. JOHN DIRECTOR OF ADMISSIONS





### "Whole-person review means that members of the admissions committee take time to read every aspect of your application. When we finish, we hope to understand your story, not just your list

# Harvard, Transforming

Each incoming student will make Harvard better. Come help write our next chapter.

H

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### Apply: college.harvard.edu/admissions/apply

Follow us:

- @ @harvard\_admissions
- @harvardadmissions
- @HarvardCollegeAdmissions

Harvard College Admissions Office and Griffin Financial Aid Office

86 Brattle Street Cambridge, MA 02138

COLLEGE.HARVARD.EDU COLLEGE@FAS.HARVARD.EDU 617-495-1551